



MARTIAL ARTS

# JK MARTIAL ARTS NEWSLETTER

July/Aug

2017

“A Black Belt is a White Belt that just never quit.”

## TESTING

**Congratulations** to those who earned new belts recently:  
**Brian, Derek F., Michelle, Brady F., Brady C., Joe M.,  
Declan, Evan M., Charlotte, Jace, Lauren**

## NO KARATE

**Robbinsdale** July 1, Mon. July 3, Sat. August 12, Sat.  
August 26

**Woodbury** Sat. July 1, Tue. July 4, Sat. August 12, Sat.  
August 26

You are invited to attend class on another day or in the  
other dojo.

## BLACK BELT TEST

August 26, 1-4PM in Woodbury. Good Luck to the four  
students that are testing; Joshua, Noah, Erik and Jaz

## SUMMER CHANGES

If you want to attend more, attend less, change days or  
dojo, please send an email.

**REFER OTHERS** to also succeed at karate; friends, families,  
therapists, parent groups. We have room for more students.

## TOURNAMENT SCHEDULE

Ask Sensei for tournament coaching - win a trophy!

- September; MN State Karate Championships
- Oct 6, 7 Diamond National in Minneapolis

CUSTOMIZED AND  
ADAPTED TO YOU

## Class Schedule

### ROBBINSDALE

#### Monday:

Beginners: 6:00-6:45  
Intermediate/BB: 6:45-7:30

#### Thursday:

Beginners: 6:00-6:45  
Intermediate/BB: 6:45-7:30

#### Saturday:

Beginners: 9-9:45  
Intermediate: 9:45-10:30  
Advanced: 10:30-11:15

### WOODBURY

#### Tuesday:

Advanced: 5:30-6:15  
Intermediate: 6:15-7:00  
Beginners: 7-7:45

#### Saturday:

Beginners: 12:30-1:15  
Advanced: 1:15-2  
Intermediate: 2-2:45

RESPECT DISCIPLINE HONOR HUMILITY

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